

Conference 2 Conference Schedule

1	eggs	2 #10 cans/person/ year	peanut butter, jam, honey	change of clothes, toiletries, soap	shampoo, hair elastics, comb, brush, bars of soap
2	wheat	11 lb/person/month	yeast, soup, bouillon	flashlight, matches	candles, outdoor solar lights (can be brought indoors if needed), lantern?
3	pasta	2 lb/ person/month	pasta sauces, mac & cheese	3 days food (emergency rations or meals and snacks)	Propane, camp stove or alternate cooking method
4	onions	#10 can will last family for 6-8 months	cinnamon, spices, oil, shortening, cocoa, vanilla	knife, mess kit	laundry soap, dish detergent
5	potato flakes, carrots	1 #10 can per person per month	vegetables, green chiles	washrag, 1 roll TP or small pack Kleenex	Duct tape, hand can opener
6	milk	2 1/2 pouches per person per month = 4 lb/person/month	juice, cocoa, drink mix, kool aid	emergency blanket, hand warmers	vitamins, garden seeds
7	dehydrated apples or fruit	1/2 can per person per month	canned fruit, applesauce, raisins	notepad and pencils, small scriptures, playing cards	alcohol, hand sanitizer, medical gloves, face masks
8	flour, sugar	flour: 4 lb per person per month----- sugar: 5 lb per person per month	salt, baking soda, baking powder, cake and brownie mixes, chocolate chips	small cooking stove	batteries, sanitation bucket

9	pet food, baby items		mayonnaise, butter	trash bags, feminine items	trash bags, gallon bags, tin foil, plastic wrap
10	oats, water	oats: 8c. Dry = 22oz/person/month = 1/2 48-oz. cylinder of oats	pancake mix, breakfast cereal, syrup,	backpacks, water filter bottles, silcock key	Water 1 gal/person/day
11	beans	2.5 lb/person/month = 1 #10 can	tomato sauce, catsup	emergency contacts, family photo, cash	toilet paper
12	rice	1 #10 can = 5.4 lb/person/month	canned fish, chicken or meat;	first aid kits, needle & thread, list of prescriptions	lip balm,hand lotion, OTC medicines